

Iron Lakes Sports Dome Indoor Soccer League Rules: 2016-17

Game Rules Highlights

1. 6v6 (5 field players + gker) - Maximum 14 players/roster
2. Min. # of Players to start match: 4 (1 must be the goalkeeper)
3. Min. # of players to finish a match: 3 (1 must be the goalkeeper)
4. Sub limit: none
5. Substitution Method(s): "On the Fly" (all players but the gker enter & leave as they please; gker sub can only be made when the ball is out of play & w/ the refs consent)
6. Teams must wear different color jersey's (pinnies/bibs are available at the service counter, if needed)
7. Players can wear the following shoes...Flats, Turfs, or Molded cleats that are not dangerous to him/herself or another player are acceptable. Metal cleats (studs) are not allowed
8. U-13 & above will use a size 5 soccer ball. U-12 & below will use a size 4. Each team must provide an appropriate size ball for each scheduled match.
9. NO HEADING AT THE U9, U10, U11 AGE GROUPS.
10. Goalkeepers must distribute with a throw or footed pass. **NO PUNTS & NO HALF VOLLEYS (DROP KICKS)!**
11. **ABSOLUTELY NO SLIDE TACKLES!!!**
12. **ALL PLAYER MUST WEAR SHIN GUARDS!!!**
13. **NO SPITTING!!!**
14. **NO CHEWING GUM!!!**

Players' Recommended Equipment

- Team shirts (gker must wear a shirt that distinguishes himself/herself from the other players), shorts, socks, protective shinguards and footwear with rubber soles or molded cleats
- Shirts shall be tucked in & socks must be worn over shinguards - NO jewelry

Ball in and out of Play

- Ball out of play: When it has wholly crossed the endline or touchline
- when the game has been stopped by a referee
- when the ball hits the ceiling or light fixture (restart: with in-direct kick from the closest spot below, or goal kick, or corner kick)
- Lines: Touchlines and goal lines are considered inside the playing area.

Determining teams tied on points in Standings, if needed.

- 3 pts for a WIN
- 1 pt for a TIE
- 0 pts for a LOSS
- Then... Head to Head
- Most goals scored
- Least goals allowed

Main Referee

- **Duties:** Enforce the laws, apply the advantage rule, keep a record of all incidents before, during and after game, stop game when deemed necessary, caution or expel players guilty of misconduct, violent conduct or other ungentlemanly behavior, allow no others to enter the pitch, stop game to have injured players removed, signal for game to be restarted after every stoppage, decide that the ball meets with the stipulated requirements, & make-sure all players & coaches **refrain from spitting & chewing gum** while inside the dome.
- **Position:** Near a touchline and **not** in the middle of the field

2016-17 Iron Lakes Indoor Soccer League Rules:

GENERAL:

- 1) ALL TEAMS ARE RESPONSIBLE FOR CLEANING UP THEIR DESIGNATED BENCH AREA
- 2) NO SPITTING ALLOWED
- 3) NO GUM ALLOWED
- 4) NO PETS ALLOWED
- 5) BE RESPECTFUL TO... OUR FACILITY, THE STAFF, THE TEAMS, THE COACHES, THE REFEREES, & THE FANS
- 6) ALL PATRONS ARE RESPONSIBLE FOR THEIR BEHAVIOR WHILE VISITING THE DOME
- 7) PARENTS PLEASE REFRAIN FROM ALLOWING YOUNG CHILDREN TO ROAM & RUN FREELY AS THIS COULD CAUSE AN ACCIDENT OR AN UNWANTED SITUATION
- 8) ALL CARS MUST PARK IN THE DESIGNATED PARKING LOT
- 9) **TEAMS MUST REFRAIN FROM WARMING UP IN THE ENTRANCE AREA**

Method of Scoring -

When the whole of the ball has passed over the goal line, between the goal posts and under the crossbar

Fouls and Misconduct - Direct free kick awarded when a player intentionally commits any of the following 11 offenses (penalty kick awarded when infringement takes place in penalty area – ball shall be placed at the top of the arc for a PK):

Any person(s) involved in fighting will be banned from Iron Lakes Sports Club for 1 full year – NO EXCEPTIONS!!!!

1. kicking or attempting to kick an opponent
2. tripping an opponent
3. jumping at an opponent
4. charging an opponent in a violent or dangerous manner
5. charging an opponent from behind
6. holding an opponent
7. pushing an opponent
8. charging an opponent with shoulder (i.e., shoulder charge)
9. sliding at an opponent (i.e., sliding tackle)
10. handling the ball (except goalkeeper)

Indirect free kick awarded when any of the following 7 offenses is committed (kick taken from the 6-yard line when infringement takes place in penalty area):

1. dangerous play (e.g. attempting to kick ball held by goalkeeper)
2. obstruction
3. charging the goalkeeper in the penalty area (i.e., goalkeeper charge)
4. goalkeeper picks up or touches with his hands a back-pass
5. goalkeeper picks up or touches with his hands a kick-in from a teammate
6. goalkeeper controls the ball with any part of his body for more than 4 seconds

Players shall be cautioned (yellow carded) when:

1. On the second offense (the 1st is a warning) when a substituting player enters the pitch from an incorrect position or before the player he is substituting has entirely left the pitch -
2. he/she persistently infringes the Laws of the Game
3. he/she shows dissent with any decision of the referee

2016-17 Iron Lakes Indoor Soccer League Rules:

Players shall be sent off (red carded) for

1. serious foul play
2. violent conduct
3. foul or abusive language
4. second instance of caution-able offense (i.e., second yellow card)
5. intentionally impeding a clear goal opportunity (e.g. through a "professional foul")
6. intentionally impeding a clear goal opportunity in the penalty area by handling the ball Direct free kicks (or penalty kicks) accompany the expulsion for (a), (b), (e) and (f); indirect free kicks, for (c) and (d) (from the 6-yard line when the infringement takes place in the penalty area).
7. Leaving the bench to join in a confrontation with an official or a fight – **BANNED FOR ONE YEAR!**
8. Extreme unsporting behavior, such as abusive language directed at a referee
9. Bodily contact with a referee – **BANNED FOR ONE YEAR!**

Rules of Expulsion

1. The player sent off for a **RED CARD** is out for the rest of the game and is not even permitted to sit on the reserves' bench.
2. **The team of the player sent off can make a substitution BUT must play a man down!!!**
 - ***On a players first yellow card the referee has the authority to ask that player to leave the pitch to calm down and re-gather him/herself. That player's team will be asked to make a substitution... therefore, not playing a man down.***
 - ***A second yellow card = a RED. The team will then play a man down.***

Free Kick

1. Types: Direct free kicks and indirect free kicks
2. Wall: At least 5 yards away until the ball is in play
3. Ball in Play: After it has traveled the distance of its own circumference
4. Restriction: Kicker cannot touch the ball again until it has been touched by another player

Penalty Kick

1. To be taken from the top of the penalty arc
2. The kicker is to aim at goal, with the intention of scoring.
3. All players must be out of the penalty area
4. The kicker shall not play the ball a second time until it has been touched by another player.

Kick-in

1. To be taken in place of the throw-in.
2. The ball is placed on the touch line before kicking.
3. The kicker's foot not kicking the ball must be outside or at least on the touchline; if it crosses the touchline all of the way, into the pitch, the kick-in is given to the opposing team.
4. The kicker cannot play the ball a second time until it has been played by another player; infringement of this rule entail an indirect free kick to the opposing from the point of infringement.
5. Players on opposing team must be at least 3 yds away from point of kick-in.
6. Cannot score directly from a kick-in.

2016-17 Iron Lakes Indoor Soccer League Rules:

Goal Kick

1. Kicks shall be taken from the marked off area(s)
2. The ball is not in play until it has passed outside of the penalty area. If the goal clearance is received inside of the penalty area, the goal clearance shall be taken over.

Corner Kick

1. Ball placed on the corner (no corner-kick arc). If ball is misplaced, the corner kick is taken over.
2. The kicker cannot play the ball a second time until it has been played by another player; infringement of this rule entail an indirect free kick to the opposing from the point of infringement.
3. Players on opposing team must be at least 5 yds away from point of the corner kick.
4. Can score goal directly from a corner kick.

League Standings (League Table)

There will be no playoffs unless otherwise noted by the Iron Lakes Staff

All league winners will be distinguished by the total amount of points accumulated during the session

No Standings will be kept for the following age groups: U9, U10, U11, U12

All standings for U-13 and above leagues, IF NECESSARY, will be kept as follows.....

3 points for a WIN, 1 point for a TIE, 0 points for a loss – forfeits will be recorded as a 3-0 game. Standings can be found at the Iron Lakes service desk.

Determining teams tied on points in Standings

- 1) Head to Head
- 2) Most goals scored – (max. is 3 goals/game)
- 3) Least goals allowed-maximum is three goals/game
- 4) Iron Lakes Shootout

Team Rosters

We encourage players to play as much soccer as they want... i.e. - Therefore, players are allowed to play for more than just one team.

Roster will be frozen after the 2nd week!

THANK YOU FOR PLAYING AT IRON LAKES SPORTS CLUB